



The following nutrition information is calculated utilizing a combination of internal nutritional analysis and independent laboratory analysis. An effort to provide complete and current nutrition information, however, the handcrafted nature of our menu items and changes in recipe, ingredients and kitchen procedures may cause variations from these values to occur. Therefore, the values shown here should be considered approximations. A 2,000 calorie daily diet is used for general nutrition advice but calorie needs vary.

Item Name	NUTRITIONAL VALUES										ALLERGENS															
	Cals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	TotFib (g)	Sugar (g)	Prot (g)	Celery	Cereals	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Peanut	Sesame	Soy	Sulphur Dioxide and Sulphites	Tree Nuts	Wheat	
Beast Style	1030	70	25	0	170	1950	48	3	12	42				X			X		X			X	X		X	
Beast Style Triple	1240	86	32	0	230	2010	48	3	12	56				X			X		X			X	X		X	
Impossible™ Beast Style	960	57	23	0	50	2390	62	7	13	42				X			X		X			X	X		X	
Chandler Style	700	46	22	0	150	1090	35	1	1	40							X					X			X	
Impossible™ Chandler Style	640	33	20	0	30	1530	48	6	2	40							X					X			X	
Chris Style	830	52	24	0	150	1290	49	2	2	44							X					X			X	
Impossible™ Chris Style	770	40	22	0	30	1730	62	7	3	44							X					X			X	
Karl's Deluxe	500	29	15	0	90	1030	37	2	2	26							X					X			X	
Impossible™ Karl's Deluxe	460	23	14	0	30	1250	43	4	3	26							X					X			X	
Crispy Chicken Tender Sandwich	620	34	14	0	20	1100	51	2	6	20	X	X		X								X	X		X	
Nashville Hot Chicken Tender Sandwich	720	40	15	0	20	1830	59	2	12	20	X	X		X								X	X		X	
Karl's Grilled Cheese	340	17	11	0	45	1290	37	1	1	14							X					X			X	
Beast Style Fries	640	33	9	0	40	2220	58	5	11	11				X			X		X			X	X			
Seasoned Crinkle Fries	280	10	1.5	0	0	800	43	3	2	3																
Crinkle Fries, Unseasoned	280	10	1.5	--	--	370	43	3	2	3																
Chocolate Chip Cookies	360	18	9	0	30	210	52	2	32	4				X			X					X			X	
Beast Style Burger Combo	1310-2020																									
Chicken Sandwich Combo	910-1500																									
Soft Bun	160	2	2	--	--	330	31	1	1	5												X			X	
Add Cheese	60	5	3	0	15	320	2	0	0	3							X					X				
Add Bacon	40	3.5	1.5	--	--	80	0	0	0	2																
Add Lettuce	5	0	0	0	0	0	1	0	1	0																
Add Caramelized Onion	15	0	0	0	0	10	3	0	1	0																
Fry Seasoning	0	0	0	0	0	420	0	0	0	0																
Diet Coke	0	0	0	0	0	30	0	0	0	0																
Coke	140	0	0	0	0	45	39	0	39	0																
Sprite	140	0	0	0	0	65	38	0	38	0																